

Needs: Being, Having, Doing, Interacting; **Emotions**, Intensities, Inverses; **Dependent Origination**, Sensemaking; **Schema Modes**; **Thresholds**, Chinese zodiac; **Design Principles**, Green Economy Map; **Categories**, Judgments, **Engagement**, Activities; **The Esoteric Clock**, Questionnaire (Content by: Max-Neef, Plutchik, Gautama, Young, Graves, Dron, Transition Dynamics Enterprises, Kant, Csikszentmihalyi; compiled and supplemented by Joe Corneli)

<b>Identity</b>	<b>Understanding</b>	<b>Protection</b>	<b>Subsistence</b>	<b>Freedom</b>	<b>Intimacy</b>	<b>Leisure</b>	<b>Creation</b>	<b>Emotion</b>	<b>Participation</b>	<b>Affection</b>	<b>Overcoming</b>
belonging	curious	cared for	healthy	autonomous	experiencing truth	spontaneous	inventive	vital	receptive	treated well	resolving
customs	learning	care	the goods	rights	candor	peace	abilities	low stress	work	relationships	flow
know thyself	investigate	take care of	sustain	choose	experience	relax	compose	feel	express	comfort	let go
habitat	communities	dwelling	social settings	anywhere	close by	landscapes	workshops	within oneself	neighbourhood	shared spaces	over time
<b>Joy</b>	<b>Trust</b>	<b>Fear</b>	<b>Surprise</b>	<b>Sadness</b>	<b>Remorse</b>	<b>Disgust</b>	<b>Contempt</b>	<b>Anger</b>	<b>Aggression</b>	<b>Anticipation</b>	<b>Optimism</b>
Ecstasy, Serenity	Admiration, Acceptance	Terror, Apprehension	Amazement, Distraction	Grief, Pensiveness	Shame, Regret	Loathing, Boredom	Hate, Distaste	Rage, Annoyance	Hostility, Defensiveness	Vigilance, Interest	Panglossianism, Hope
Disgust	Contempt	Anger	Aggression	Anticipation	Love	Joy	Submission	Fear	Awe	Sadness	Disappointment
<b>Six Senses</b>	<b>Mind &amp; Body</b>	<b>Consciousness</b>	<b>Formations</b>	<b>Ignorance</b>	<b>Old Age &amp; Death</b>	<b>Birth</b>	<b>Becoming</b>	<b>Clinging</b>	<b>Craving</b>	<b>Feeling</b>	<b>Contact</b>
Dictionary	/	Velocity Girl	<i>f</i>	Mother	—	Adonis	*	Father	$\partial$	Caretaker	+
<b>Happy Child</b>	<b>Compliant Surrender</b>	<b>Vulnerable Child</b>	<b>Detached Protector</b>	<b>Forbidden Child</b>	<b>Punitive Parent</b>	<b>Impulsive Child</b>	<b>Demanding Parent</b>	<b>Angry Child</b>	<b>Over-compensator</b>	<b>Orphan Child</b>	<b>Healthy Adult</b>
loved, contented, connected	passive, subservient, self-defeating	lonely, defective, overwhelmed	disconnected, depersonalized, empty	The child who is not allowed to be a child	blaming, punishing, abusive	selfish, uncontrolled, spoiled	strict rules & high standards	frustrated and impatient; core needs not met	grandiose, arrogant, attention-seeking	The child who needs to be an adult	nurtures, limits, supports; neutralizes maladaptivity
<b>Modernity</b>	pre-tribal existence	<b>Human rights</b>	<b>Global Village</b>	<b>societies of law</b>	<b>Panopticon</b>	<b>tribal groups</b>	<b>Artificial Life</b>	<b>conquerors</b>	<b>The Overman</b>	<b>Renaissance</b>	<b>The Present</b>
Rat 子 <i>zǐ</i>	Ox 丑 <i>chǒu</i>	Tiger 寅 <i>yín</i>	Rabbit 卯 <i>mǎo</i>	Dragon 辰 <i>chén</i>	Snake 巳 <i>sì</i>	Horse 午 <i>wǔ</i>	Ram 未 <i>wèi</i>	Monkey 申 <i>shēn</i>	Rooster 酉 <i>yǒu</i>	Dog 戌 <i>xū</i>	Boar 亥 <i>hài</i>
<b>Adaptability</b>	<b>Trust*</b>	<b>Parcellation</b>	<b>Evolvability</b>	<b>Constraint</b>	<b>Scales</b>	<b>Dialog</b>	<b>Stigmergy</b>	<b>Context</b>	<b>Documentation</b>	<b>Sociability</b>	<b>Connectivity</b>
shaping the economy	environmental science	resource management	smart grid	information technology	buildings	transportation	waste and extraction	processing	manufacturing	services	persuading
<b>Unity</b>	<b>Substance</b>	<b>Plurality</b>	<b>Totality</b>	<b>Limitation</b>	<b>Negation</b>	<b>Possibility</b>	<b>Existence</b>	<b>Necessity</b>	<b>Cause</b>	<b>Community</b>	<b>Reality</b>
Universal	Categorical	Particular	Singular	Infinite	Negative	Problematical	Assertoric	Apodictic	Hypothetical	Disjunctive	Affirmative
<b>Flow</b>	<b>Control</b>	<b>Relaxation</b>	<b>Boredom</b>	<b>Apathy</b>	<b>Hesitancy</b>	<b>Nervousness</b>	<b>Worry</b>	<b>Anxiety</b>	<b>Stimulation</b>	<b>Arousal</b>	<b>Decisiveness</b>
Hacking	Conversing	Reading	Surfing the internet	Depression	Having a crush	Awkward smalltalk	Feeling insufficient	Dishonesty, judgment	Drinking coffee	Fanticizing	Writing
<b>Immediate</b>	<b>Immediate Beginning</b>	<b>Beginning</b>	<b>Unmediated Beginning</b>	<b>Unmediated</b>	<b>Unmediated Embodying</b>	<b>Embodying</b>	<b>Intermediate Embodying</b>	<b>Intermediate</b>	<b>Intermediate Maintaining</b>	<b>Maintaining</b>	<b>Immediate Maintaining</b>
Values?	Patterns?	Diminished? Enlarged?	Process check-in?	Questions?	Aspirations in relationship?	Pro-solo?	Ideas?	Frequent Feelings?	Speaker & Listener?	Community?*	Overly responsible?

\*: again.